**Claim Leadership Sample Program Topics**

Session 1: *"Building Resilience during Challenging Times”* (AAA Model)

A unique model for change management – proven at Fortune 500 companies

Session 2: *“Creating a High-Performance Mind”* (Thinking)

*The thinking that contributes to great leadership self-awareness and success*

Session 3: *"Achieving with Clarity and Productivity"* (GAP Model)

The GAP Model overview; 7 steps to individual and team effectiveness

Session 3: *"Powerful Steps to Feeling Better and Performing Better"* (Gratitude)

Focus on the good, appreciate and accept others, habits for success

Session 4: *"Creating Positive Focus and Getting More Done"* (Goals)

Managing time, energy and the tool for visioning optimal outcomes

Session 6: *“Your Success Formula” (Triggers + 100% Responsibility)*

An empowering tool to recognize and handle the triggers that limit you

Session 7: *"Overcoming Obstacles to Success"* (Acceptance)

The first step to having a positive, focused and productive work and home life

Session 8: *"The Key to Happiness and Success"* (Attitude)

Learn the attitude habits that create and predict success in all areas of life

Session 9: *"Getting it Done Faster, Easier, Happier"* (Action)

The simple tool to overcome procrastination and get more done in less time